



2016 GSTEF Saturday Open Adaptive Tennis Programs Starting October 15, 2016

GSTEF will Offer Two Class Times

11:30 am to 12:30 pm and 1:00 pm to 2:00 pm

First Session Dates are:

10/15/16 – 12/10/16

No class 11/26/16 due to Thanksgiving

Second Session will start Saturday, 1/07/17

Class space is limited. Class times will be assigned

For more information email: Info@GSTEF.org



Green Spring Tennis and Educational Foundation (GSTEF) offers FREE Adaptive Tennis Programs geared for juniors and adults with special challenges (cognitive and physical).

Experienced tennis professionals teach and oversee each program. Also, GSTEF will provide a tennis racquet in class for the participants if they do not own one.

GSTEF promotes physical fitness, health and wellness, increased self-esteem, and greater functional independence through tennis.

GSTEF also provides opportunities for students and community members to volunteer. Volunteers are utilized in the development and delivery of GSTEF adaptive programming.



Athletes need to wear appropriate sneakers and bring a water bottle.

All training will be held at Green Spring Racquet Club.



Green Spring Racquet Club
10803 Falls Road
Lutherville, MD 21093
410-821-5683 • www.GreenSpringRC.com