



Green Spring Tennis and Educational Foundation

www.GSTEF.org

Everyone can play the sport of tennis.....

People of any age, environment, condition or disability are invited to enjoy the game!

Green Spring Tennis and Educational Foundation (GSTEF) Working Partnership with Special Olympics of Maryland (SOMD)

Free Adaptive Programming - GSTEF offers free tennis programs and training for SOMD athletes. To improve in tennis, athletes must practice and play matches to improve their skills and understanding of the game.

GSTEF uses the United States Tennis Association's (USTA) adaptive tennis training format. All tennis instructors are certified tennis professionals. GSTEF offers three different types of competition: individual skills, short court match play and full court match play.

GSTEF trains SOMD athletes for competition opportunities. **Divisional Qualifiers** are designed to prepare athletes and partners for the state-level event. **Attendance and participation is mandatory to advance to state-level competition in the fall. SOMD Fall Festival Competition** will be at Mount St. Mary's University in Emmitsburg, MD. This year the festival is scheduled for **Saturday, October 21, 2017.**



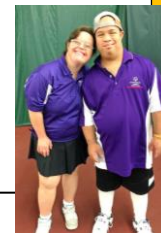
GSTEF SOMD 2017 Tennis Training Schedule

Garrison Forest School

Outdoor Tennis Courts

**300 Garrison Forest Road
Owings Mills, MD 21117**

Directions are at www.GSTEF.org



Schedule

Sundays 2:30 - 4 pm

August 6, August 13, August 20, August 27, September 3,
September 10, September 17, September 24, October 1,
October 8, October 15

**Saturday, October 21 - Fall Festival,
Mount St. Mary's University in Emmitsburg, MD**

Requirements for Athletes and Volunteers

- **Athletes participating must have a current medical form on file with SOMD.** If you do not have a current form, please email Janet@GSTEF.org or download the form at www.GSTEF.org – **you must bring this completed form on the first day of practice or you can't participate.**
- Athletes must be 10 years of age or older to participate. Athletes should be able to work independently with the help of coaches and volunteers.
- Volunteers must sign a release form with SOMD and GSTEF. **If the volunteer is age 17 or under the form must be filled out by a parent,** and note that **two non-family references will be needed.** Please email Janet@GSTEF.org for a copy of the form to fill out or download at www.GSTEF.org
- If you want to commit to being a unified partner there is a special SOMD form that must be filled out. Forms will be provided the first day of practice.
- Attendance is required to compete in the SOMD Fall Festival. You must also attend two qualifying events in September, (dates will be announced by the end of August)
- Tennis sneakers must be worn and you must have a water bottle and hat at practices. Please bring a tennis racquet if you have one.
- Volunteers must wear a GSTEF shirt and be responsible bringing it to practices.

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GSTEF is a 501(c)(3) organization, Federal tax id 27-3377902
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www.GSTEF.org ▪ 410-456-7010

