



# Green Spring Tennis and Educational Foundation

[www.GSTEF.org](http://www.GSTEF.org)

*Everyone can play the sport of tennis...*

*People of any age, environment, condition or disability are invited to enjoy the game!*

## **Green Spring Tennis and Educational Foundation (GSTEF) Working Partnership with Special Olympics of Maryland (SOMD)**

**Free Adaptive Programming** - GSTEF offers free tennis programs and training for SOMD athletes. To improve in tennis, athletes must practice and play matches to improve their skills and understanding of the game.

GSTEF uses the United States Tennis Association's (USTA) adaptive tennis training format. All tennis instructors are certified tennis professionals. GSTEF offers three different types of competition: individual skills, short court match play and full court match play.

GSTEF trains SOMD athletes for competition opportunities. **Divisional Qualifiers** are designed to prepare athletes and partners for the state-level event. **Attendance and participation is mandatory to advance to state-level competition in the fall.** **SOMD Fall Festival Competition** will be at Mount St. Mary's University in Emmitsburg, MD. This year the festival is scheduled for **Saturday, October 20, 2018.**



## **GSTEF SOMD 2018 Tennis Training Schedule**

**Garrison Forest School - Outdoor Tennis Courts  
300 Garrison Forest Road  
Owings Mills, MD 21117**

*Directions are at [www.GSTEF.org](http://www.GSTEF.org)*

### **Schedule**

**Sundays 2:30 - 4 pm**

**June 17, June 24, July 15**

**July 22, July 29**

**August 5, August 12, August 19, August 26**

**September 9, September 16, September 23, September 30**

**October 7, October 14**

**Saturday, October 20 - Fall Festival at  
Mount St. Mary's University in Emmitsburg, MD**

## **Requirements for Athletes and Volunteers**

- **Athletes participating must have a current medical form on file with SOMD.** If you do not have a current form, please email [Janet@GSTEF.org](mailto:Janet@GSTEF.org) or download the form at [www.GSTEF.org](http://www.GSTEF.org) – **you must bring this completed form on the first day of practice or you can't participate.**
- Athletes must be 10 years of age or older to participate. Athletes should be able to work independently with the help of coaches and volunteers.
- **Volunteers** must sign a release form with SOMD and GSTEF. **If the volunteer is age 17 or under the form must be filled out by a parent,** and note that **two non-family references will be needed.** Please email [Janet@GSTEF.org](mailto:Janet@GSTEF.org) for a copy of the form to fill out or download at [www.GSTEF.org](http://www.GSTEF.org)
- If you want to commit to being a unified partner there is a special SOMD form that must be filled out. Forms will be provided the first day of practice.
- Attendance is required to compete in the SOMD Fall Festival. You must also attend two qualifying events in September, (dates will be announced by the end of August)
- Tennis sneakers must be worn and you must have a water bottle and hat at practices. Please bring a tennis racquet if you have one.

**Green Spring Tennis and Educational Foundation**  
GSTEF is a 501(c)(3) organization, Federal tax id 27-3377902  
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